









Symptoms After Immunotherapy Dose

Symptoms are only this mild

Symptoms are **any one** of the following:

SKIN	RESPIRATORY	GASTROINTESTINAL
		
mild hives, flushing, swelling, itching, warmth, redness	itchy, red, watery eyes itchy watery, runny, sneezy nose mild mouth or throat itch or tingle	mild complaints of stomach ache

SKIN	RESPIRATORY	GASTROINTESTINAL	CARDIOVASCULAR	NEUROLOGICAL
				
severe body wide hives	coughing, wheezing, shortness of breath, chest pain or tightness, throat tightness, trouble swallowing, hoarse voice	vomiting, diarrhea, or severe stomach pain	sudden unexplained sleepiness, drowsy to wake (lethargic), dizziness, pale, blue color, fainting/loss of consciousness	sudden anxiety, feeling of impending doom (child thinks something really bad is going to happen)

Symptoms change

Mild symptoms
 No need for treatment
 Continue next days dose
 No need to contact allergist

Give Epinephrine auto-injector
 Count to 5

Antihistamines will be ineffective for these symptoms
 No further food doses until reviewed with allergist
 Contact allergists office next business day

Is your child well enough to receive their food immunotherapy dose today?

Child is Well
OR
Only Mild Symptoms

- Runny nose, cough
- Headache
- Mild upset stomach

● **Caregiver :**

- Educated on OIT protocol
- Knows how to give epinephrine
- Able to stay for 60 minutes

● **Epinephrine** Auto-injector Available at All Times

- **Give Dose with Snack** (Not on an empty stomach)
- Avoid strenuous exercise for 2 hours afterwards
- Monitor for 1 hour

Child is Unwell

- **Fever** > 38.5 C
- **Asthma Exacerbation:** requiring more than one daily dose of reliever medication (Doses before exercise do not count)
- Reliever=Ventolin, salbutamol, Bricanyl
- **Vomiting** with stomach flu

Hold Dose

Symptoms Resolved
Missed 1-2 days

Resume Same Dose
No call to allergist required

Symptoms Resolved
Missed 3-5 days

- **Half** the daily dose for **2 days** then **resume previous dose**
- No call to allergist required

Symptoms Resolved
Missed >5 days

Call Allergist