

WHAT IS PATCH TESTING?



- Patch testing involves the placement of various common allergies onto the skin, usually held against the skin using a paper tape.
- The allergens themselves are often contained within a small area, usually smaller than a dime.
- The test patches are applied to clean skin on the person's back
- The patch test is removed at home after 48 hours (2 days) then you will return to clinic on day 3 (you will receive exact instructions at your appointment)
- During this time, the person cannot get their back wet until they can return to the clinic
- Only a sponge bath can be taken, and excessive sweating/exercise and swimming should be avoided
- Once the final reading of the test results are completed on day 3, the person can bathe normally
- Your patch testing appointment is solely for this purpose. If you require consultation regarding other concerns, please schedule a separate appointment.
- Patch testing is covered by OHIP
- Please remember to wear loose fitting shirt to this appointment, as we need to access your back to apply the patches.
- Please avoid putting any lotions on your back the day of the appointment